

“What can I do?”

If you think a child has been abused or neglected, you must ring your local child protection authority or the police.

But in order to help **prevent** getting to such a tragic situation in the first place, there are lots of things you can do to help protect children. The following tips are not definitive or exhaustive, but are a good start.

Policy makers: face the challenge of prevention!

1. Ensure there are child and family health nurses for home visits to all Australian families with a new baby.
2. Introduce measures to reduce the level of parental alcohol abuse.
3. Increase parent education and family support services in areas where there is a high level of child abuse and neglect.